

Crafting, Cake and Company

Celebrating St. Mary's
Inpatient Integration

2024-2025

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Overview

UCSF Health acquired St. Mary's Hospital in August 2024. Since then, the inpatient service has grown rapidly without much time and space for connection within the hospital. In this project, we provided a community tile craft, a joy raffle, food and space to allow debriefing and community building for our inpatient multidisciplinary team, including physicians, nurses, care coordination, security, pharmacy and hospital leadership.

Data Snapshot

Our project goal was to facilitate participation and involve as many inpatient teams as possible:

- 65 people participated from all inpatient units (acute care, ICU, acute rehab)
- 55 people shared something that brought them joy via raffle
- 18 tiles painted, to be used in a communal art piece displayed in hospital
- One Costco half sheet cake consumed

Resources

UCSF St. Mary's
<https://sfcommunityhospitals.ucsfhealth.org/st-marys>



UCSF

Human
Resources
Wellness



Project Details

St. Mary's Hospital joined UCSF Health in late 2024, heralding rapid growth in the inpatient Hospital Medicine service. Inpatient clinical work is a multidisciplinary effort, however, despite frequent daily interactions to support patient care, our teams usually do not have time and space for connection with each other outside clinical work. We invited all members of our St. Mary's inpatient multidisciplinary team (physicians, nurses, care coordination, rehab services, security, hospital leadership, transport, pharmacy) to an afternoon event to celebrate our work together and through enormous change.

This was a 1.5 hour event in the afternoon, located in an open space on the 4th floor of St. Mary's hospital, close to clinical work. Sixty-five different members of the team came through during the event. We provided food, including a catered lunch as well as cake, snacks and coffee. We offered a raffle of two \$25 Amazon gift cards and to enter folks had to write something that brought them joy. Last, we hosted a tile painting station so anyone could paint a blank tile that we will use to create an art piece for the hospital.

Project Challenges

- Organizing a date, time and place that was inclusive of a large multidisciplinary group was challenging. Inpatient Medicine is unpredictable so even with intentional planning of a date, many people were not been able to attend given clinical work.
- Communication and messaging our event to all St. Mary's inpatient team members was a challenge given the different ways people hear about updates. We presented the event information via email, in-person outreach and announcement during hospital wide meetings.

Lessons Learned

- On busy inpatient services, faculty and staff value a, unscheduled break, even for just 5 minutes, for deliberate disconnection from clinical work
- Every person manages clinical work stress and how they want a break differently. For example, the art activity was incredibly meaningful to some staff and others found just chatting with co-workers or just grabbing snacks and returning to work to be what they needed