

❖ one medical

Exceptional primary care for real life

Your health and your time matter. That's why One Medical makes getting care for you and your family faster, easier, and more enjoyable.

Get a free membership — courtesy of UCSF.

Sign up at: onemedical.com/mybenefit

Use code: UCXOMG

Available to employees on any UC-sponsored health plan in the Bay Area and their spouses/domestic partners and dependents up to age 26.

Enrolled in Health Net Blue & Gold HMO? Call 415.523.6317 for help finding a One Medical primary care physician that's in network. Questions? Email hello@onemedical.com.



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Appointments when you need them

We offer same-day visits that actually start on time.



Free 24/7 virtual care

Get expert care over video chat anytime with our app.



Caring providers who listen

Our compassionate providers take the time to truly collaborate with you on your care.

How long will my membership last?

Membership lasts one year from the date you sign up. You'll get a reminder to renew your membership two weeks before it expires.

How do I renew my membership?

1. Log in to your account at onemedical.com.
2. In the light green box below the actions section on the right side of the screen, click the link to update your account.
3. Answer a few simple questions to renew for another year. Your renewal code is UCXOMG.