

**UCSF Residents & Fellows Benefits Program**  
**Monthly COBRA Rates**  
**Effective July 1, 2018**

**Medical, Dental and Vision**

**7/1/18 Monthly COBRA Rates (Including 2% COBRA Administrative Fee)**

	<b>Medical HMO</b> Anthem	<b>Medical PPO</b> Anthem	<b>Dental</b> Delta Dental	<b>Vision</b> VSP
Self	\$598.55	\$680.46	\$31.75	\$6.65
Self + Child(ren)	\$1,037.12	\$1,202.91	\$42.51	\$10.23
Self + Adult	\$1,422.31	\$1,470.27	\$64.08	\$10.12
Family (Self + Adult + child(ren))	\$1,807.58	\$2,071.67	\$77.39	\$15.78