



Health Net

BEHAVIORAL HEALTH

The Health Net HMO plan offers a mental health benefit plan that may be accessed directly. You do not need a referral from your Primary Care Physician. The Mental Health Benefits plan is administered by the Managed Health Network (MHN). In order to access care through an MHN provider, please call 1-888-935-5966. You can search for [MHN providers](#) on their website.

BENEFITS	Plan Coverage
Calendar Year Deductible (combined for medical and mental health/chem. dep. plan)	
For each member	N/A
For each family	N/A
Out-of-Pocket Maximum (combined for medical and mental health/chem. dep. plan)	
For each member	\$1,500
For each family	\$4,500
Emergency Services in an Emergency Room (mental health/chemical dependency treatment)	
Professional services	\$0
Use of emergency room (facility services) ¹	\$100
Ground Ambulance.	\$0
Air ambulance	\$0
Laboratory Services, administered on behalf of Health Net (medical benefit provided by MHN)	
Laboratory services	\$0
Severe Mental Illnesses ²	
Outpatient mental health - consultation	\$20
Outpatient mental health - group therapy session	\$10
<i>Maximum visits per calendar year</i>	Unlimited
Outpatient mental health - other (includes alternate care: partial hospitalization/ day treatment/ intensive outpatient programs)	\$0
Inpatient care in a hospital, excluding residential treatment centers	\$0
Residential treatment centers	\$0
<i>Maximum days per calendar year</i>	Unlimited
Inpatient physician visits	\$0
Other Mental Illnesses	
Outpatient mental health - consultation	\$20
Outpatient mental health - group therapy session	\$10
<i>Maximum visits per calendar year</i>	Unlimited
Outpatient mental health - other (includes alternate care: partial hospitalization/ day treatment/ intensive outpatient programs)	\$0
Inpatient care in a hospital, excluding residential treatment centers	\$0
Residential treatment centers	\$0
<i>Maximum days per calendar year</i>	Unlimited
Inpatient physician visits	\$0
Chemical Dependency Rehabilitation & Detoxification	
Outpatient chemical dependency - consultation	\$20
Outpatient chemical dependency - group therapy session	\$10
<i>Maximum visits per calendar year</i>	Unlimited
Outpatient chemical dependency - other (includes outpatient detoxification and alternate care: partial hospitalization/ day treatment/ intensive outpatient programs)	\$0
Inpatient care in a hospital, excluding residential treatment centers	\$0
Residential treatment centers	\$0
<i>Maximum days per calendar year</i>	Unlimited
Inpatient physician visits	\$0
Detoxification	\$0
<i>Maximum days per calendar year</i>	Unlimited

¹ The copayment will not be required if the member is admitted as a hospital inpatient directly from the emergency room.

² The following conditions are considered severe mental illnesses: Anorexia nervosa, bulimia nervosa, bipolar disorder, major depressive disorders, pervasive developmental disorder (e.g., autism), panic disorder, schizophrenia, schizo affective disorder and serious emotional disturbances of children.