

Accomplishing More with Less

Who Should Attend?

The workshop is open to all managers, administrative assistants and analysts who manage their calendar.

Date: August 21

Time: 8:30-4:30pm

Location:

Laurel Heights
3333 California
Regents Room

FEE: \$135.00

Register at:

[UC Learning Center](#)

Search word: AML

For questions contact:
LearningandDevelopment@ucsf.edu

Is your inbox out of control?

Feeling like you need more hours in the day?

Accomplish more with less time, less effort, and less stress!

In this one-day workshop, you will learn how to harness the power of organizational skills to deal with today's most pressing workplace issues, such as time management, prioritization, dealing with interruptions, email, calendars and to-do lists, as well as organizing electronic and paper documents.

Most importantly, you'll learn how to feel reenergized at work and beyond!

Takeaways include:

- ◆ Work more strategically
- ◆ Better manage interruptions and stay focused on the task at hand
- ◆ Organize and manage your electronics and paper information easily and efficiently
- ◆ Manage stress through purposeful action
- ◆ Collaborate with your team more effectively